

SUPPORTIVE LISTENING 101

LISTENING AND RESPONDING SUPPORTIVELY TO ACCOUNTS OF SEXUAL VIOLENCE & MISCONDUCT

WHAT: In this 30-min. presentation, you'll learn the essential DOs and DON'Ts for listening supportively without causing unintentional harm.

SUPPORTIVE LISTENING 101 is an introduction to basic tools to help you foster a safe and supportive environment for those speaking up about sexual violence and misconduct. (**Note:** although we do not talk about the details of sexual violence, we do talk about disclosures of sexual violence.)

WHY: Because research shows that the impact of negative responses to disclosure can be more harmful than the effects of nondisclosure.

WHO: The entire UNM community. Please feel free to share this information to others who may be interested.

WANT MORE? Ombuds Services for Staff also offers:

- ***Am I Ready to Listen 101?*** In this 35-min. presentation, you will reflect on the multiple variables that can impact your ability and decision to listen to accounts of sexual misconduct. You'll learn language to communicate your decision supportively and explain available resources.
- ***So...I Have to Report 101*** In this 35-min. presentation, learn what to say to let someone disclosing sexual misconduct know that you are a Responsible Employee (RE). According to the Dept. of Education, REs are UNM Faculty, Staff, Teaching Assistants, and Graduate Assistants. This designation requires that any report of sexual misconduct made must be reported to the Office of Equal Opportunity (OEO).

HOW + WHEN: Send Anne Lightsey, Associate Ombuds, an email at alight01@unm.edu or call **277-2993** to schedule a presentation for your group, team, or department.